

3 Minute Intro of Our New Presentation (Green indicates a slide on the video)

Hi, I'm Russ Lawrence, Founder, Author, Composer and Musician at HereandNowHappiness.com where our mission is to help you, me and anyone *BE* the way we want to *BE*.

And this is a quick 3 minute introduction to our new presentation called, *How to BE the Way We Want to BE*.

And what our presentation makes so crystal clear it becomes intuitively obvious common-sense is that we unique humans find our way to the enjoyable, rewarding, fulfilling, meaningful life we all want. Not by having what we want to have or knowing what we want to know or doing what we want to do. Or what anyone thinks of us. The life we want and benefit from most comes our way when we're able to *BE those inner, positive, strengthening, nurturing, life-enhancing states of being we all, universally want to BE*. And when we stop *BEING* those inner, negative, weakening, needy, subtractive states of being we, unfortunately, so often *BE*.

And here's the thing. When we *BE those inner positive states of being, what we want to have and know and do and the perceptions of those who actually matter, all fall into place. Naturally.*

Yeah, when *FIRST*, our "inner life" is positive - then - our "outward life" - what we have, and know, and do and other's perceptions that matter are sure to be positive. That positive, rewarding whole life experience is why our presentation describes exactly how to *BE* the positive way we all want to *BE*.

And then, get this.

Those insights about what we *BE* also allow us to *unlock, demystify, and provide completely clear explanations for all these historically elusive subjects and more.*

So if you and others would like to fully understand all those subjects and how to more often *BE* those positive states of being, contact us about our entirely unique and life-enhancing presentation at hereandnowhappiness.com.

And you might want to check out our more in-depth presentation intro. It's chock full of insights about the inner *BE* level of life and provides brief thumbnail explanations for all *eight of those enigmatic subjects.*

So thanks for listening and happy trails.

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